

New Life Christian Fellowship

Life, death, debt, loss of income, birds, spiders, darkness, do you control your fears, or do they control you?

Peter's first steps walking on the water to Jesus took faith. He looked at Jesus, trusting him – he had no fear.

As the wind roused and the water roughened Peter panicked, took his eyes off Jesus and started to sink. Does this sound familiar?

When things are calm we cruise along in life, our faith is not challenged. We may give thanks to God for these good times, but sometimes drift away from God, taking things for granted.

Sure enough, when things get rough, it is then when we need to turn back to Jesus. If not, we turn away and start sinking in panic; our peace drowned by fear.

So how do we do stop this?

It all starts in the mind. When something goes wrong we can start to think negatively; doubts, followed by fear, enter our minds. It is then we need to look to God's Word, immediately. God's Word reminds us that God is with us, we are not alone, it fills us with promises and truth instead of fear and lies.

It is important to remember that God will give us the strength we need to face anything. Fear can be defeated with Faith! We may need others with Faith to pray for us too, and deep rooted fear needs special attention.

Next time you face fear, or panic strikes, think on these words of this song based on Psalm 32:1- 10

Like Peter looking at Jesus on the water, let God's Word saturate your mind, seep into your soul, this will stop you from sinking in fear:

You are my hiding place,

You always fill my heart with songs of deliverance.

Whenever I am afraid,

I will trust in you.

I will trust in you,

Let the weak say I am strong in the strength of my God.

I will trust in you...